

2025

# Community Health Implementation Plan



# Spaulding Rehabilitation Network Community Health Improvement Plan (CHIP) 2025 Consolidated Report

## **Campuses Included:**

Spaulding Boston • Spaulding Cambridge • Spaulding Cape Cod

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## **Purpose & Approach**

Spaulding Rehabilitation Network is committed to improving health outcomes, reducing disparities, and advancing health equity across the communities served by its three hospital campuses. This Community Health Improvement Plan (CHIP) consolidates the campus-level priorities, goals, and strategies identified in the 2025 planning cycle into one coordinated plan.

This CHIP reflects Spaulding's mission as a rehabilitation hospital system and emphasizes disability equity and inclusion; access to care and rehabilitation services; workforce development and economic mobility; social supports that reduce barriers to recovery and independence; and community wellness, injury prevention, and healthy aging.

## **Community Health Priority Areas**

1. Address the Social Determinants of Health (SDOH)
2. Improve Access to Care
3. Promote Wellness and Prevent Injury and Disease
4. Improve the Social Environment and Opportunities for those with Disabilities
5. Other Priorities Identified by the Community

## **Priority 1: Address the Social Determinants of Health (SDOH)**

### **Overall Goal**

Expand employment pathways for people with disabilities, youth, and community residents facing barriers to employment, while strengthening Spaulding's recruitment pipelines.

### **Objectives**

#### **Spaulding Boston**

Objective 1: Maintain workforce development partnerships

Objective 2: Support recruitment and retention pipelines

#### **Spaulding Cambridge**

Objective 1: Support vocational training for persons living with disability

Objective 2: Support employment preparedness for youth

Objective 3: Provide workforce development for adults with limited professional background

Objective 4: Explore new opportunities for greater impact

#### **Spaulding Cape Cod**

Objective 1: Support workforce development alignment through Healthy Aging Cape Cod

## **Priority 2: Improve Access to Care**

### **Overall Goal**

Increase access to Spaulding services (inpatient and outpatient) and reduce barriers to care.

### **Objectives**

#### **Spaulding Boston**

Objective 1: Support free care for patients in need

Objective 2: Transportation for persons with disabilities

Objective 3: Explore service expansion

#### **Spaulding Cambridge**

Objective 1: Expand outpatient programs

Objective 2: Expand inpatient programs

#### **Spaulding Cape Cod**

Objective 1: Expand telemedicine

Objective 2: Strengthen provider networks

Objective 3: Expand SCC physician services (feasibility assessment)

## **Priority 3: Promote Wellness and Prevent Injury and Disease**

### **Overall Goal**

Promote health, independence, and injury prevention through evidence-based wellness programs, adaptive fitness, education, and community outreach—especially for children, seniors, people with disabilities, and those living with chronic illness.

### **Objectives**

#### **Spaulding Boston**

Objective 1: Continue and expand wellness programs

#### **Spaulding Cambridge**

Objective 1: Support disability awareness and engagement

Objective 2: Expand fitness programming for disabled residents

#### **Spaulding Cape Cod**

Objective 1: Support healthy lifestyles and safe aging in place programs

Objective 2: Expand adaptive sports awareness

Objective 3: Expand health education opportunities

## **Priority 4: Improve the Social Environment and Opportunities for those with Disabilities**

### **Overall Goal**

Reduce isolation, strengthen community belonging, and expand social-emotional support for people living with disability, chronic illness, and aging-related functional limitations.

### **Objectives**

#### **Spaulding Boston**

Objective 1: Continue and expand Adaptive Sports and inclusion

Objective 2: Maintain support groups (Burn, Amputee, etc)

Objective 3: Support community inclusion partnerships (sailing, arts, etc)

Objective 4: Provide community meeting space

#### **Spaulding Cambridge**

Objective 1: Expand disability and elder programming

Objective 2: Explore gaps and needs for emergency preparedness for elderly/disabled residents

#### **Spaulding Cape Cod**

Objective 1: Expand support group access (Stroke, Aphasia, Limb Loss, etc)

## **Priority 5: Other Priorities Identified by the Community**

### **Overall Goal**

Provide resources, as appropriate and available, to support community priorities that emerge during this triennial cycle and fall outside the other community benefit priority areas.



Mass General Brigham

# Spaulding Rehabilitation