



Merrimack Valley Endoscopy Center  
 Pentucket Medical Building-1<sup>st</sup> Floor  
 One Parkway Haverhill, MA 01830  
 978-521-3235



Procedure Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Physician: \_\_\_\_\_

Getting ready for your Upper Endoscopy revised 9/3/21

### Contact Info

- 978-521-3235 Monday - Friday 7AM- 4PM
- To cancel or reschedule your procedure, please call at least 5 days prior so that we may offer your appointment to another patient
- If your insurance has changed since your last visit, you **must** call Mass General Brigham Patient Service Center 877-212-6487 before your appointment!

For Directions to our center visit: <https://pmaonline.com/locations/pentucket-medical-haverhill/>

Sign up for the Patient Gateway! You can communicate with staff and physicians and view test results.  
<https://patientgateway.massgeneralbrigham.org/>

### Day Of Procedure

- DO NOT eat any food or drink any liquid after midnight
- If you fail to follow this instruction, your procedure may be postponed or cancelled
- You may take your morning prescription medications with a few small sips of water
- If you are a diabetic and take insulin injections, take only 1/2 of your regular insulin dose the morning of your procedure. Check your blood sugar before arrival
- Please bring your completed Health Questionnaire, insurance card and a photo ID.
- Dress comfortably and leave valuables at home
- Bring the name and number of your ride. This person must pick you up within 30 minutes of being called

#### Set up a ride home!



- **YOU MUST ARRANGE FOR A RIDE HOME WITH A RESPONSIBLE FRIEND OR FAMILY MEMBER.** You will be unable to drive yourself home after your procedure. A Taxi or public transportation is allowed ONLY if accompanied by a responsible adult, friend or family member. Your procedure will be **CANCELLED** if this is not arranged!

#### Are you sick?



- **IF YOU DEVELOP A FEVER, COUGH OR ANY COLD/FLU LIKE SYMPTOMS; OR HAVE ANY OUTSTANDING CARDIAC OR RESPIRATORY TESTING, YOU MUST CALL US ASAP TO RESCHEDULE.**

#### Do you take blood thinners?



- If you are currently taking a blood thinner such as **Coumadin, Plavix, Effient, Pradaxa, Xarelto, Eliquis or Brilinta, etc.**, please call the endoscopy center at 978-521-3235 for further instructions.
- You may continue taking aspirin.