



The gift of pediatric emergency care

How your support at this critical time will make all the difference

When you invest in the priority needs of the Pediatric Emergency Department at Newton-Wellesley, you enable us to be there for children and their families when they need us most.

A vital community resource

More than 21,000 families turn to our Pediatric Emergency Department every year. At Newton-Wellesley, they trust they'll find an exceptional staff that will deliver safe, high quality, compassionate care for their children and adolescents. For many of our neighbors, the department serves as the "front door" to our hospital, allowing them to first experience our mission of caring for everyone as we would a beloved family member. As community needs

continue to grow, our Pediatric ED team—and our generous supporters—have an opportunity together to rise to the challenge.

The escalating demand for services

In the last few years, demand for emergency medical services at NWH has climbed significantly, mirroring national trends. The closures of other local community hospitals have added to the influx. Today, our staff often treats 100 patients per day. Along with surges in COVID, we have also

faced spikes in pediatric volume due to RSV and other illnesses.

An ongoing crisis in youth mental health has also stretched staffs and facilities to their limits. Whereas pre-pandemic our Pediatric ED might have seen five patients with mental and behavioral health needs in a week, they now treat seven to 10 per day. Some families bypass other hospitals to come to Newton-Wellesley, knowing we are one of the few community hospitals to offer pediatric psychiatry services seven days a week.

At a forefront of pediatric emergency medicine

As the only pediatric emergency department in MetroWest, we are a critical resource for our extended community. Our specialized staff offers extensive expertise and training in the acute care of infants, children, and teens, and includes a core group of board-certified pediatric emergency physicians. With a clear focus on the unique needs of young patients, the Pediatric ED aspires to remain at the forefront of programs of its kind locally and nationally.

The power of philanthropy

Since the department's launch in 2007, many loyal and generous donors have gratefully stepped up to support increased access to pediatric emergency care. With the significant fiscal pressure facing hospitals today, philanthropy has never been more vital. In order to sustain and build on these services, your generosity will be critical. With the help of our generous supporters, we can continue to provide world-class care to pediatric patients and their families, close to home, in a warm and welcoming environment.

Opportunities for impact

Child Life Specialists

The physicians, nurses, and support staff that make up our Pediatric Emergency Department are dedicated caregivers who share an unwavering commitment to their patients. Child Life Specialists add another layer of care, helping children understand and cope with their medical experiences. Philanthropic support will provide flexible resources for department leadership to deploy additional Child Life staff, ensuring we care

Select Gift Opportunities

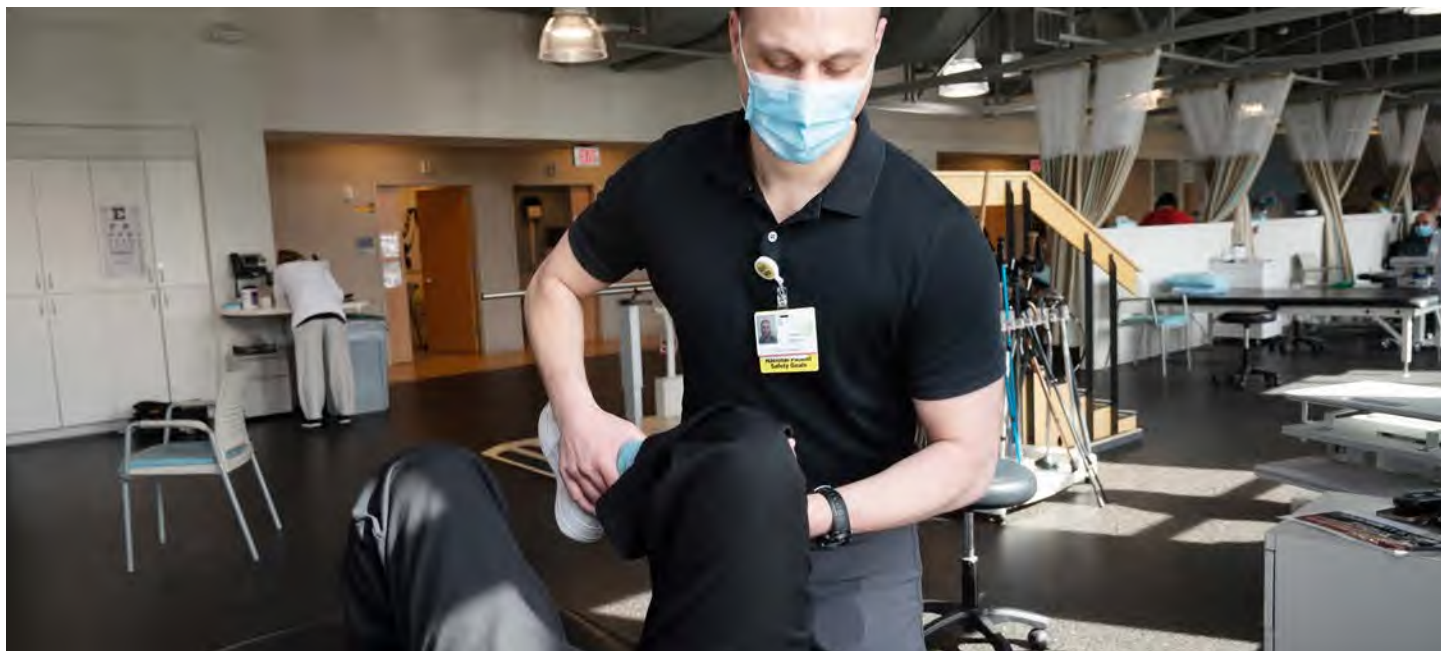
Endowed Chief of Pediatric Emergency	\$1.5M
Named Pediatric ED Endowment Fund	\$100K and above
Named Pediatric ED Current-Use Fund	\$50K and above
Pediatric ED General Support	Any Amount
Child Life General Support	Any Amount

not only for the physical needs of children and teens but also for their mental, emotional, and social needs.

Patient experience

Remaining a primary source of emergency medicine for the communities we serve requires continued investment in equipment and infrastructure. For our pediatric patients, this includes warm inviting colors throughout the space, characters and animals in murals along the walls, and providing books, toys, and games for patients as they wait. The Pediatric ED was established in 2007 and options for children's entertainment have changed dramatically since then. Providing iPads for kids to play games or watch movies while they wait can be a welcome distraction for families and enhance the experience of our patients.





Advanced care for orthopedic needs

How ongoing innovations lead to immediate and lasting impact

When you support the work of the Orthopedic Department at Newton-Wellesley, you help provide the care and treatment your neighbors need to live their lives to the fullest.

Delivering the best of care

From the best in regional spine care to outpatient joint replacements to game-changing sports medicine, our orthopedic specialists are committed to providing world-class care to help restore mobility, strength, and hope to every patient who comes through our doors. Our team includes board-certified orthopedists, hand surgery specialists, podiatrists, spine specialists, sports medicine specialists, and more—each committed to meeting patients' unique needs right here, close to home.

Living on the edge of innovation

When it comes to orthopedic issues, getting the right care at the right time can lead to swift relief and a trajectory of lifelong health and wellness. In a field shaped by constant progress, innovations have profoundly improved patient outcomes and experiences. Our specialists are continually seeking—and finding—ways to make healing happen more quickly thanks to advanced surgical techniques and the use of new therapies. Philanthropy often fuels advances. Investing in our caregivers, programs, and technology will allow us to make an even greater difference in patients' lives.

By the numbers



1,400
hip and knee
replacement
surgeries per year



4,000
patients evaluated
at Orthopedic Walk-
In Clinic in first year
of operation



105,000
therapy sessions
with Rehabilitative
Services per year

Select Gift Opportunities

Endowed Chair of Orthopedics	\$2M
Endowed Division Chief	\$1.5M
Named Orthopedic Endowment Fund	\$100K and above
Named Orthopedic Current-Use Fund	\$50K and above
Orthopedics Gift	Any Amount



The power of philanthropy

Remaining a leader in orthopedic health for our community requires continual investment. Many loyal and generous donors have gratefully stepped up to support innovations in care. With the significant fiscal pressure facing hospitals today, philanthropy has never been more vital. In order to sustain and build on these services, your generosity will be critical. With your support, we can continue to provide expert, compassionate care to patients and their families, right here in their community.

A wealth of patient-centered services

Kaplan Joint Center: For patients with joint pain, access to state-of-the-art care and treatment holds the promise of a better quality of life and relief from living in discomfort. Nationally recognized for clinical quality and outcomes, the Kaplan Joint Center at NWH offers a passionate team of skilled orthopedic surgeons and specialists who are leaders in the field. Advances in surgical techniques and technology are expanding options for patients, including outpatient hip or knee replacement.

Spine Center: For those enduring chronic, long-term back pain, our multidisciplinary Spine Center offers a welcome source of relief. Spine navigators guide patients every step of the way, coordinating care by a highly trained team that includes spine surgeons as well as physical and occupational therapists, physiatrists, and pain management specialists. NWH is the only hospital in New England to have the

NuVasive Pulse, which provides our surgeons with 3-D imaging of the spine in real time.

Sports Medicine: Our world-renowned sports medicine specialists get people back in the game. They care for professional sports teams, Division 1 college athletes, weekend warriors, high school students, and everyone in between. As part of Mass General Brigham's integrated system, we offer the most advanced care across a full spectrum of injury or chronic pain treatment options. For patients who need physical therapy, our team works closely with NWH's Rehabilitation Services to speed their return to activities they love.

Outpatient Surgery Center: Our orthopedic surgery service includes specialists in knee, shoulder, hip, hand and arm, and foot and ankle surgery. Many of their patients benefit from access to the Outpatient Surgery Center, located a short drive from NWH at 25 Washington Street in Wellesley. Its operating rooms provide the most up-to-date technology and equipment for orthopedic procedures.

Orthopedic Walk-In Service: With its opening in February 2021, the Orthopedic Walk-In clinic brought to our community one of only a few such centers in the United States. The visionary NWH approach offers a cutting-edge model of orthopedic "urgent care," staffed by orthopedic physician assistants and board-certified surgeons. It has given patients of all ages a welcome alternative to an Emergency Department visit, all with no appointment necessary.



The power of the Community Collaborative

How your philanthropic support empowers our neighbors to lead healthier lives

When you contribute to Newton-Wellesley's Community Collaborative and its Councils, you provide the essential funds needed to realize our vision of.

What it truly means to be a community hospital

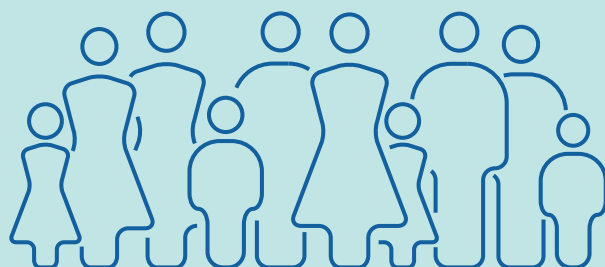
At Newton-Wellesley, caring for our community is at the core of who we are. Moreover, our mission and mandate press us to be a force for prevention and wellness across surrounding cities and towns. Established in 2017, the Community Collaborative serves as a cornerstone of our unique community-based approach to addressing the most compelling health needs of our neighbors.

An unrelenting focus on priority needs

Nearly 200 members strong, the Collaborative's eight councils strive to lessen healthcare disparities and strengthen the social fabric of support. Their success has grown from the leadership of passionate volunteers, the expertise of NWH staff and community partners, and the generosity of our donors. Grounded in priority needs identified by an ongoing Community Health Needs Assessment, their work embraces education, advocacy, philanthropy, and targeted programmatic initiatives.

The Collaborative's Councils

- Domestic and Sexual Abuse Council
- Elder Care Council
- Heart Health and Wellness Council
- Maternity Services Council
- Palliative Care Council
- Resilience Council
- Substance Use Services Council
- Workforce Development Council



By the numbers

2,250

area students directly impacted by the Resilience Project's programming

734

survivors of domestic, family, or sexual violence received free, confidential services

600

physicians and nurses trained in Serious Illness Conversations by the Palliative Care team

354

firefighters took part in training to prevent heart disease, the leading cause of on-duty deaths

1,850

local seniors attended virtual health and wellness webinars since 2020

1,500+

new moms referred for evaluation and care for postpartum depression and anxiety

100

students explored healthcare careers through Summer Internship Program

2,700

patients treated in the Substance Use Clinic

Life-changing community impact

Since the Collaborative's inception, thousands of individuals and families have benefitted from its programming. Their personal stories bring home both its reach and life-changing impact across people's lifespans. True to its name, it works collaboratively within communities. Deeply rooted relationships are key. Its Councils consistently partner with civic, municipal, educational, senior, and social service agencies, all of whom work on the frontlines of some of the most pressing public health issues. Getting the right help at the right time can lead to a trajectory of lifelong health and wellness.

What your generosity makes possible

Our communities face so many needs. By contributing to the Collaborative, many loyal and generous donors have gratefully stepped up to address needs close to their hearts. With the significant fiscal pressure facing hospitals today, philanthropy has never been more vital. Many of the Councils' initiatives seek to support

services that go unfunded or under-reimbursed by insurance. Their investment in these essential programs sends a clear message to our communities: we're here for you. In order to sustain and build on their efforts, your generosity will be critical.

"We've shown our neighbors that our hospital is not just a building you come to in a crisis. We're with you during whatever you're experiencing in life, and we can meet you where you are."

– Lauren Lele, Senior Director, Community Benefits and Volunteer Services, Newton-Wellesley Hospital





The growing crisis in youth mental health

How life-changing gifts will benefit children and teens in their time of need

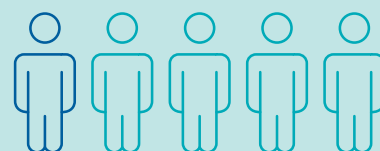
When you support the work of the Division of Child and Adolescent Psychiatry at Newton-Wellesley, you enable us to stand as an unparalleled resource for area families desperate to find care.

Expanding much needed services

More than 5,000 children and teens and their families turn to Newton-Wellesley each year to help them overcome mental health challenges. The pandemic has exacerbated a heartbreaking trend: escalating need in the face of diminished services. Mirroring the national data, demand keeps growing across our neighboring cities and towns. While other community hospitals in our region have reduced or even eliminated their pediatric psychiatry services, we have expanded our robust services to respond to the relentless demand for care.

The increasingly vital role of philanthropy

Since the division's launch in 2007, many loyal and generous donors have gratefully stepped up to support increased access to care. With the significant fiscal pressure facing hospitals today, philanthropy has never been more vital. Under-reimbursed programs like pediatric psychiatry remain among the most vulnerable of services. At NWH, insurance covers only 54 percent of the clinical cost to provide this potentially life-saving care to children and teens. In order to sustain and build on these services, your generosity will be critical.

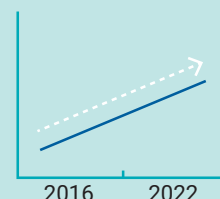


1 in 5 experience a mental health problem during childhood (NIMH)



75% of children with a psychiatric illness are currently not in treatment

125% increase in NWH Child & Adolescent Psychiatry visits from 2016-2022



3X

3x number of NWH pediatric emergency visits due to suicide attempts in past two years.

What your support makes possible

In partnership with generous donors like you, we seek to provide every patient and family with the expert, evidence-based, compassionate care they need. It starts with our dedicated team of psychiatrists, psychologists, nurse practitioners, and social workers. They evaluate the many aspects of a child's life to best understand their challenges and provide the most appropriate treatment possible. Given the pervasiveness of mental health issues, we embrace a multidimensional approach—from prevention and education to evaluation, treatment, and crisis management. Through the Resilience Project, our innovative community health initiative, we also offer a wide array of parent education programs and support to schools across our surrounding communities.

Select Funding Opportunities

Named Child and Adolescent Psychiatry Endowment Fund	\$100K+
Named Child and Adolescent Psychiatry Current-Use Fund	\$50K+
Resilience Project Endowment Gift	\$20K+
Child and Adolescent Psychiatry Gift	Any amount

Our investment speaks volumes

Our investment in critical programs sends a clear message for families: we're here for you. As one example of our unparalleled commitment, we stand as the region's only community hospital

to offer pediatric psychiatry services in both an emergency department and outpatient setting. Our team continues to innovate to meet needs. Newer initiatives range from PATHS for Kids, offering psychoeducational testing and evaluation, to our Child Psychiatry Short-Stay Service (ChiPS) to outpatient urgent evaluation. Together, they speak volumes—and show the impact of philanthropy.

The gift of lifelong health and wellness

Nationally, as many as **1 in 5 children and adolescents** experience a mental health problem during their childhood. Tragically, care often remains elusive. The good news: nearly all pediatric mental health illnesses are treatable, and most are curable. Access to early diagnosis

and treatment is critical. Getting the right care at the right time can lead to immediate relief and a trajectory of lifelong health and wellness. That is our hope. Investing in our caregivers, programs, and outreach efforts will help us make it a reality for thousands of children and families in need.





World-class cancer care close to home

How your gift could have a transformative role in patients' lives

When you support the Mass General Cancer Center at Newton-Wellesley, you provide us with the capacity to meet our community's growing need for care.

Ensuring access to personalized, innovative treatment

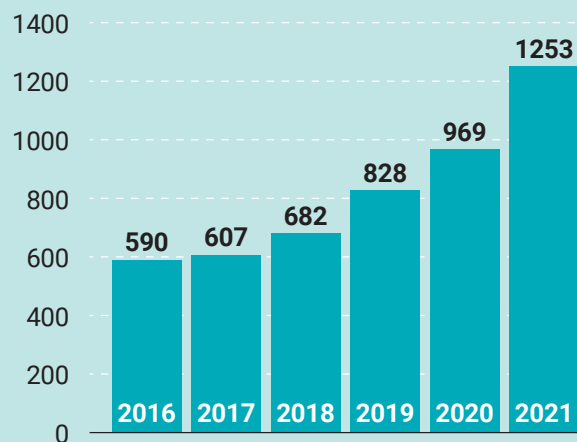
Receiving a cancer diagnosis can be difficult and distressing for patients and their loved ones alike. At Newton-Wellesley, we aim to support every patient with access to the most personalized and innovative treatment possible. As with everything we do for our community, we keep their comfort and convenience at the forefront.

Our approach, together with the generosity of donors like you, has made the Mass General Cancer Center at Newton-Wellesley among the nation's premier community hospital-based cancer centers.

Meeting the skyrocketing demand for cancer care

Every year in the U.S., more than 1.6 million people are diagnosed with cancer. While treatment innovations have led to tremendous advances, cancer remains the nation's second leading cause of death. Given our aging population, its prevalence is expected to continue to rise. Local demand for cancer care has climbed sharply as well, pushing our capacity to the limit. It is critical that we invest in our caregivers, programs, and technology and facilities to ensure the highest level of care.

Total Cancer Diagnoses at NWH



Subspecialty Multidisciplinary Clinics

- Breast
- Gastrointestinal (pancreas, colon and rectal)
- Thoracic (lung)
- Neuro-oncology (brain)
- Genitourinary (prostate)
- Melanoma
- Head & Neck

Priorities for meeting critical needs

With the help of philanthropic support, we have provided generations of patients and families with comprehensive and compassionate care close to home. To meet growing community needs and build on our exceptional history of cancer care, we are focused on several key priorities, including:

- Expanding access to clinical trials,
- Investing in cutting-edge technology,
- Enhancing support through holistic programs.

Through the generosity of donors like you, the team envisions tripling the number of clinical trials offered to provide novel care options, increasing access to subspecialists and multi-clinics, and creating even greater opportunities for patient and family support.

Select Gift Opportunities

Endowed Position Fund	\$1M+
Clinical Trial Endowment Fund	\$1M+
Clinical Trial Current-Use Fund	\$350K+
Patient Support Fund	\$50K+
Linear Accelerator	\$10K+
MGCC at NWH Fund	Any Amount

Ways to invest in life-changing care

Linear Accelerator X2: A game-changing capital project is helping us meet growing demand for radiation therapy by replacing our original linear accelerator with two state-of-the-art machines. The project will double the number of patients who benefit from receiving the latest treatment close to home. The advances in technology will mean shorter treatment times and ultra-precision services.



Pappas PACT: Being a parent can be especially challenging when you are dealing with the physical and emotional demands of cancer. The Pappas Parenting at a Challenging Time (PACT) Program exemplifies the integrative care experience at the MGCC made possible by philanthropy. Its expanded, multidisciplinary team enhances care with their expertise in parent guidance and child development.

Palliative Care: The Palliative Care team provides outpatient consultation to help our patients with cancer and their families live as fully as possible while undergoing care and treatment. They help in many powerful ways, from thoughtfully managing symptoms, to coping with the impact of a serious illness, to enhancing communication about options and goals.

Survivorship resources: As part of our wrap-around support, Survivorship programs offer resources to help patients cope with emotional, social, and physical challenges, with guidance from nurse navigators. Offerings include support groups, oncology nutrition, social work services, mind and body therapies, and more. As one example, the PAVING the Path to Wellness program helps breast cancer survivors come together to adopt and sustain healthy habits for a lifetime.

