

Support Groups

All support groups are offered free of charge and require pre-registration, unless otherwise noted.

Adolescent and Young Adult (AYA) Cancer Program Sarcoma Virtual Support Group

Support group for sarcoma patients ages 18–39 who are in active treatment or within one year of completing treatment. If interested, contact Christina Kim at cykim@mgb.org.

Brain Tumor Support Group - Online

This support and educational group is for brain tumor patients and their loved ones.

Contact: Scheinda Rene, Oncology Social Worker at [617-726-1061](tel:617-726-1061)

Couples Living with Advanced Cancer Support Group - Now Online

This group is for couples living with advanced cancer who seek encouragement and comfort from others who share a common experience. Preference will be given to Mass General Brigham Cancer Institute patients but others are welcome to inquire.

Contact: Nova Hodge, Oncology Social Worker, [617-643-7697](tel:617-643-7697)

Head and Neck Cancer Support Group – Online

This group is for Mass General Brigham Cancer Institute patients with head and neck cancer. It offers a safe space to connect with others facing similar challenges.

Contact: Allie Giza, Oncology Social Worker, [617-643-6438](tel:617-643-6438) or agiza@mgh.harvard.edu

Smokefree Support Group - Online

The Smokefree Support Service has launched its first support group via Zoom. Patients can self-refer by email: mghccsmokefree@partners.org, phone: [617-724-2445](tel:617-724-2445), or online.

Providers can place an e-consult in Epic, select 'Ambulatory referral to MGH Oncology Smoking Cessation (Cancer Institute)' and note group interest in the referral.

Stage IV Breast Cancer Support Group – Online

This monthly support group is for Mass General Brigham Cancer Institute patients with metastatic breast cancer. The group is currently on hold and planning to restart in the coming months. If you are interested in joining, please contact the group leader.

Contact: Emily Doerr, Oncology Social Worker, [617-724-3956](tel:617-724-3956)

Writing the Road to Wellness – Online

This virtual group will combine the therapeutic benefits of expressive writing within a support group setting. Cancer patients and survivors will be given the opportunity to connect with others and practice different expressive writing techniques to help enhance cognitive processing, reduce stress, and make meaning of your story. This group is offered annually, starting up in January, spanning 8 weeks. To register for this group, please complete [this survey](#).

Contact: If you have additional questions about this group, please contact group leader, Kiersten Anderson, MSW, LICSW at mgccnwhsupportgroups@partners.org

Young Adult Brain Tumor Virtual Support Group – Online

A virtual group open to patients between the ages of 18-40 who have had a brain tumor. 1st and 3rd Wednesday of each month from 5 to 6:30 pm.

Contact Sandra McLaughlin at smclaughlin2@mgb.org.

Additional Supportive Care Services

Bone Marrow Transplant Support

If you or your loved one is receiving bone marrow transplant, our staff members are available to you to talk about your concerns.

Contact:

Jen D’Alotto, Oncology Social Worker, [617-724-0596](tel:617-724-0596)

Stephanie Guro, Oncology Social Worker, [617-724-4939](tel:617-724-4939), or

Eric Hanson, Oncology Social Worker, [617-643-7435](tel:617-643-7435)

Parenting With Cancer

Gain support and information about helping the children in your life cope with a parent’s cancer. For a free one-on-one consultation with one of our child psychiatrists or child psychologists, contact the Marjorie E. Korff Parenting at a Challenging Time Program (PACT).

Contact: PACT, [617-724-7272](tel:617-724-7272)

Young Adults with Cancer (ages 20–40)

Young adults dealing with or moving past cancer may have questions or worries, and don’t know where to turn. Our oncology social worker can help answer questions or guide young patients to the proper resources. [Learn more about the Adolescent and Young Adult Cancer Program](#) or contact ayacancer@mgh.harvard.edu.

