

Infant Massage Classes

Infant massage has numerous benefits for you and your infant. It is a special way to spend time and bond with your new baby, and it is designed to promote the healthy development of your infant. This is a 2-hour, hands-on class for parents/caretakers. The class will give you the opportunity to bond with your baby while you learn how to relax and enjoy the benefits of infant massage.

About the Classes

This class is ideal for babies that are between three weeks and one year old. Please bring a towel or blanket to class with you for added comfort.

Class Dates

Classes listed in **red** are currently full. If the class you would like to attend is sold out, please email the organizer to be placed on the wait list.

- *Classes will resume in fall 2026*

Registration

The registration fee is \$85 per couple. One registration is for two people. If you are interested in any class date, please email smohammedkelly@mgb.org with your name, due date, name of your Mass General OB/CNM, mailing address, and which class and date you want to attend. If you have emailed and not received a response within 48 hours, please call [617-726-2000](tel:617-726-2000) pager #28533. Once the payment invoice is ready it will be emailed to you from the class organizer.

Infant Massage Class Cancellation Policy

A minimum of four couples is required to run the class. If the minimum number do not pre-register, we will cancel that class at least one week before the class. If you are notified that your class was canceled, you may re-register for another class of your choice. If you need to cancel, you must do so by one week before your class is scheduled or you will be charged a \$40 cancellation fee. If you need to cancel due to a medical issue requiring hospitalization that precludes you from attending or because you have delivered your baby already, we will provide a full refund.